

CENTRAL HIGHLANDS

# National youth week

31 MARCH - 9 APRIL

2017

## **Emerald PCYC – Elite Youth Training**

Ages 12-25 Years

Try Elite Youth Training for Free!

To celebrate National Youth Week we are inviting 12-25 year olds to join us in the PCYC Emerald Gym for a Free Elite Youth Training session on any one (or all!) of the following dates:

Friday March 31 <sup>st</sup>	3:30pm-5:30pm
Monday April 3 <sup>rd</sup>	3:30pm-5:30pm
Wednesday April 5 <sup>th</sup>	3:30pm-5:30pm
Friday April 7 <sup>th</sup>	3:30pm-5:30pm

Cert IV Qualified Trainers in attendance offering:

- Free programs
- Free Supervision
- Free Inductions

Free Membership, Free Gym Access,  
Free Supervision, Free Gym Program !

\*after the offer has finished, normal gym and membership fees will apply.