



Lifeline Saving Lives

Crisis Support. Suicide Prevention.

ucommunity.org.au/lifeline

Suicide Prevention Training

On average, eight deaths by suicide occur in Australia each day.

Suicide remains the leading cause of death for Australians aged between 15 and 44. Many of these deaths could be prevented, yet most of us remain unaware of the signs that someone is at risk, or how we can respond. Family, friends and the wider community can all make a significant difference in helping people stay safe, seek support and re-establish reasons for living.

We all need the skills and knowledge to recognize when someone may be at risk and how we can help them stay safe.

Time: 10am-1pm*

Date: Friday 1 March 2019

*Attendance at the full session is mandatory

Location: Capella Cultural Centre, Obrien Street, Capella QLD

RSVP: by 28 February. Free to attend. Morning tea provided.

Please register to Jodi Cowan – ctmcap@bigpond.com

P: 07 4984 9526 M: 0491 276 264



Proudly representing
Blue Care | Lifeline | ARRCs | The Wesley Hospital | Buderim Private Hospital
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